

BIENVENIDOS - WELCOME TO

LOS TRIOS

FUNDADO EN 2001 - ESTABLISHED 2001



# LOS TRIOS

SALVADOREAN & MEXICAN RESTAURANT

(301) 624-1711

1306 West Patrick St, Suite 14,  
Frederick, MD 21703

[WWW.LOSTRIOSRESTAURANTS.COM](http://WWW.LOSTRIOSRESTAURANTS.COM)

**SERVICIO A DOMICILIO AREA LIMITADA / LIMITED AREA DELIVERY**

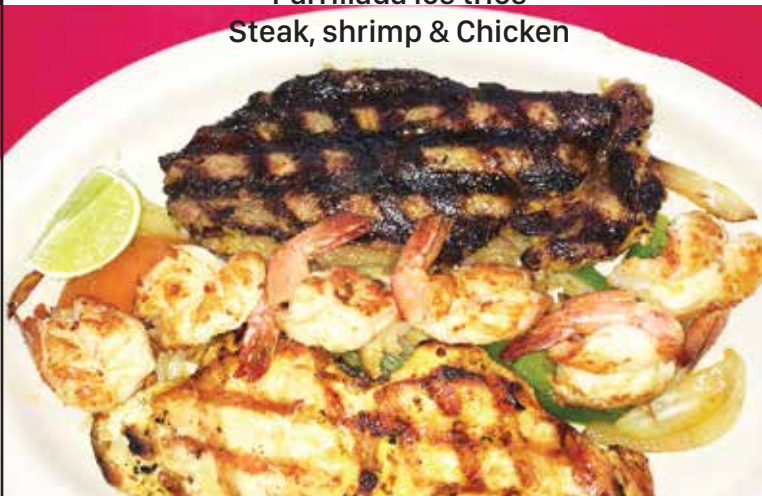
Sopa de Mariscos  
Seafood Soup

Tacos  
Steak Tacos



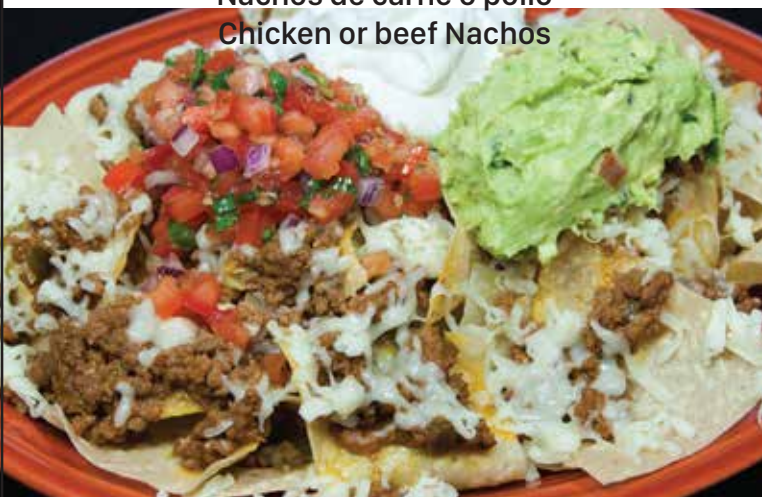
Parrillada los trios  
Steak, shrimp & Chicken

Sopa de Mondongo  
Beef tripe soup



Nachos de carne o pollo  
Chicken or beef Nachos

Mar y tierra  
Steak & Shrimp



# 1 PUPUSAS

Served with (repollo) marinated cabbage and tomato sauce. Corn tortilla stuffed with your choice of:

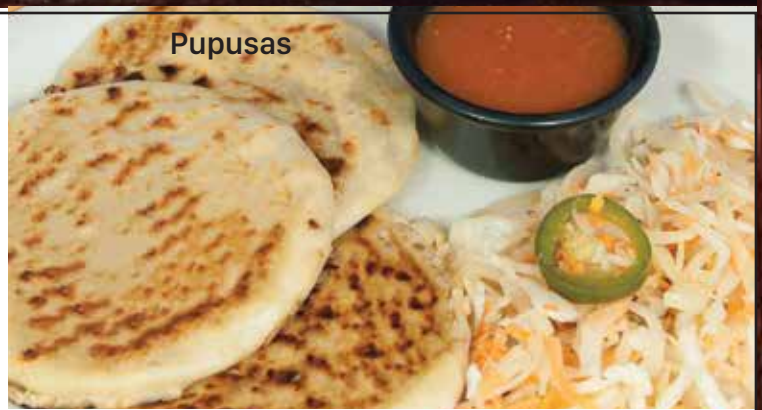
**REVUELTAS CHICHARRON Y QUESO**  
Pork and cheese

**LOROCO Y QUESO**  
Cheese & vegetables

**AYOTE Y QUESO**

**QUESO Y FRIJOL**  
Cheese & beans

Pupusas \$2.25  
De arroz \$2.50



Yuca con chicharron / Fried pork & yuca



Ceviche



Botana Mixta / Mixed Botana



Alitas de pollo / Chicken wigs



Ensalada Mixta / Mixed Salad



# APERITIVOS APPETIZERS

**2. GUACAMOLE DIP**  
\$4.99  
Served with chips.

**6. COCTEL DE CAMARONES.**  
Shrimp cocktail  
\$11.99

**3. YUCA CON CHICHARRÓN**  
Fried cassava with fried pork. Served with homemade Salvadorian cabbage. \$8.99

**7. PLATANOS FRITOS**  
Fried plantains, served with refried beans and sour cream. \$7.99

**4. BOTANA MIXTA**  
Shrimp, chicken and beef. \$20.99  
Mini botana \$15.99

**8. ALITAS DE POLLO**  
Chicken wings 1 Lb \$7.99 2 Lb \$14.98

**5. CEVICHE DE CAMARONES**  
Shrimp, mussels, cilantro and onions. Small \$7.99  
Large \$12.99

**9. TAMALES DE POLLO**  
Chicken tamale \$2.25

**10. TAMAL DE ELOTE**  
(con crema) Corn tamale served with sour cream. \$2.25

# SALADS

**11. ENSALADA MIXTA**  
Mix greens, steak, chicken strips, & shrimp, lettuce, tomato, cucumber, radish and shredded carrot. \$12.99

**12. ENSALADA DE POLLO**  
House chicken salad with slices of chicken, avocado, lettuce, tomato, cucumber, onions. \$8.99

**13. ENSALADA DE LA CASA**  
House salad: avocado, lettuce, tomato, cucumber, onions. \$5.99

# SOPAS - SOUPS

All soups are served with 2 tortillas or rice

**14. MARISCADA SALVADOREÑA**  
Salvadorian style seafood soup. \$20.99

**15. SOPA DE MARISCOS**  
Fish, shrimp, crab, mussels and scallops. \$14.99

**16. SOPA DE RES**  
Beef soup with vegetables \$13.99

**17. SOPA DE MONDONGO**  
Tripe cow soup with vegetables. \$13.99

**18. SOPA DE POLLO CON VEGETALES**  
Chicken soup with vegetables. \$11.99

**19. SOPA DE PESCADO**  
Fish soup with vegetables. \$13.99

**20. SOPA DE CAMARONES**  
With vegetables. \$11.99



Mariscada Salvadoreña



Sopa de Res / Beef soup



Fajita Mixta / Mixed Fajita

# FAJITAS

All fajitas are served with rice, beans, lettuce, Pico de gallo, guacamole and sour cream.

**21. FAJITA MIXTA**  
Beef, chicken & shrimp \$17.99

**22. FAJITA DE CARNE**  
Steak fajitas \$13.99

**23. FAJITA DE POLLO**  
Chicken fajitas \$12.99

**24. FAJITA DE CAMARON**  
Shrimp \$15.99

**25. FAJITAS VEGETARIANAS**  
Vegetarian Fajitas \$12.99



Tacos / Steak Tacos

# COMIDA MEXICANA - MEXICAN FOOD

## TACOS

Todos los tacos son servidos con arroz, frijoles, aguacate, cilantro, cebolla, y salsa. All tacos are served with rice, beans, avocado, cilantro, onions, and salsa on the side.

**26. TACOS DE CARNE**  
Three grilled beef tacos. \$10.99

**27. TACOS DE LENGUA**  
Three tongue tacos. \$10.99

**28. TACOS DE CARNITAS**  
Three shredded pork tacos. 9.99

**29. TACOS DORADOS**  
Three crispy beef tacos. \$9.99

**30. TACOS DE POLLO**  
Three chicken tacos. \$9.99

**31. TACOS DE CHORIZO**  
\$9.99

**32. TACO SALAD**  
Lettuce, topped with grilled chicken, guacamole, pico de gallo, & sour cream. \$10.99

**33. NACHOS**  
Crispy tortilla chips topped with ground beef, cheese, guacamole, pico de gallo & sour cream. \$9.99

**34. FREDERICK PLATTER**  
Beef enchilada, chicken enchilada & ground beef crispy taco. \$11.99

**35. QUESADILLA**  
POLLO / CHICKEN \$8.99  
CARNE / STEAK 9.99

**77. BURRITOS**  
**78. CHIMICHANGAS**  
**OR 79. ENCHILADAS**



Served with rice, beans & salad. Choose your meat.

STEAK \$10.99  
CHICKEN \$9.99

GROUND BEEF \$10.99  
VEGETARIAN \$9.99

## ALMUERZOS LUNCH SPECIALS

### 37. SPECIAL #1

Plátanos, huevos, crema, Frijoles y dos tortillas. Two eggs any style served with fried plantains, sour cream, beans and two tortillas \$9.99

### 38. SPECIAL #2

Dos pupusas, platanos fritos y un tamal. Two pupusas, fried plantains and one tamale. \$9.99

### 39. AMANECER

#### GUANACO

Scramble eggs, sausage, served with beans, cheese & avocado \$9.99

### 40. ENCHILADAS DE POLLO

De pollo con frijoles, ensalada y arroz. Chicken enchiladas served with beans, rice and salad. \$7.99

### 41. ENCHILADAS DE CARNE

Servido con frijoles, ensalada y arroz. Beef enchiladas served with beans, rice and salad. \$9.99

### 42. CHICKEN BURRITO

De pollo, servido con frijoles, ensalada y arroz. Chicken burrito, served with beans, rice and salad. \$7.99

### 43. BURRITO DE CARNE

Beef burrito served, with beans, rice and salad. \$9.99

### 44. FREDERICK PLATTER

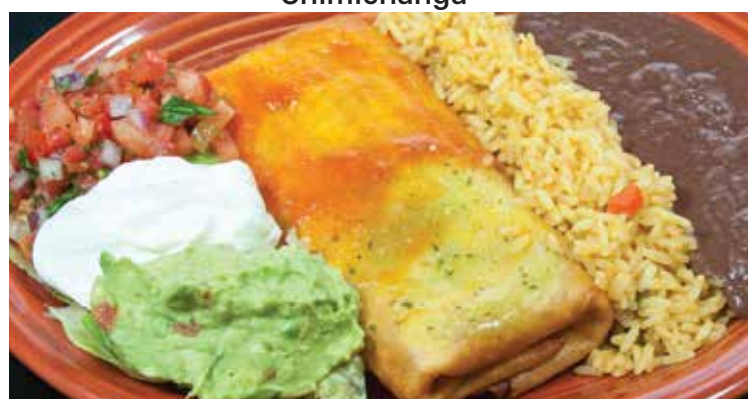
Beef enchilada, & ground beef crispy taco. \$9.99



Frederick Platter



Chimichanga



Pollo con Tajadas



Pollo Empanizado



Pan con Pollo



## POLLO CHICKEN

### 45. POLLO A LA CREAMA

Chicken with white sauce, served with rice, beans, salad, & two tortillas. \$12.99

### 48. POLLO CON TAJADAS

Sliced breaded chicken breast, served with strips of green banana. \$11.99

### 46. POLLO A LA PARRILLA

Grilled chicken served with salad, rice and beans. \$11.99

### 49. POLLO EMPANIZADO

Breaded chicken breast served with rice, beans and salad. \$11.99

### 47. POLLO ENCEBOLLADO

Chicken sautéed with onions, peppers and tomatoes. Served with rice, beans and salad. \$12.99

## SANDWICHES

### 50. STEAK AND CHEESE SANDWICH

Served with french fries. \$8.99

### 51. PAN CON POLLO \$5.99

52. SANDWICH DE POLLO  
Chicken sandwich, served with french fries. \$7.99

# CARNE - MEAT

All dinners are served with rice, salad, beans & two tortllas.  
 Todas las cenas son servidas con arroz, ensalada, frijoles y dos tortillas.

**53. LOS TRIOS PARRILLADA**  
 Grilled steak, chicken and shrimp. \$20.99 For 2 people \$26.99

**54. CARNE A LA PARRILLA**  
 New York Strip steak. \$13.99

**55. COMBINACION SALVADOREÑA**  
 Salvadorian combination Steak with two eggs, Avocado, rice, fried plantains and Salvadorian cheese. \$17.99

**56. MARY TIERRA**  
 8 oz. of grilled steak and shrimp, served with rice, beans and salad. \$16.99

**57. STEAK AL CABALLO**  
 Steak with two eggs on top, served with rice, beans, and salad. \$14.99

**58. STEAK RANCHERO**  
 Ranchero style steak sautéed with onions, jalapeño pepper, tomato, served with rice, beans and salad. \$15.99

**59. TIPICO LOS TRIOS**  
 Grilled beef, served with rice, sausage, cheese, jalapeño Pepper and avocado. \$16.99

**60. BISTEK CON TOSTONES**  
 Beef sautéed, served with rice, and salad. \$15.99

**61. COSTILLAS DE RES**  
 Beef ribs sautéed with onions, served with rice, beans & salad \$13.99

**62. BISTECK ENCEBOLLADO**  
 Beef sautéed with onions, peppers and tomatoes. Served with rice, beans and salad. \$14.99

**63. STEAK SALVADOREÑO**  
 Steak served with rice, cheese and guacamole. \$15.99

**64. CARNE ENCHILADA DE CERDO**  
 Pork steak. \$11.99



Combinacion Salvadoreña



Costillas de Res



Carne Enchilada de Cerdo

# KIDS MENU

**65. SOFT TACO**  
 Served with rice, beans or french fries. \$5.99

**66. QUESADILLA DE QUESO**  
 Served with French fries. \$5.99

**67. CHICKEN FINGERS**  
 Served with French fries. \$5.99



Chicken Fingers



Soft Taco

# EXTRA ORDENES SIDE ORDERS

# SIDES

Arroz	Rice	\$2.50	3 Tacos	\$8.25
Frijoles	Beans	\$2.50	Burrito	\$7.99
Tortillas c/u	Each	\$0.49	Yuca	Fried cassava
Guacamole		\$2.99	Platanos	Fried plantain
Aguacate	Avocado	\$2.50	Tostones	green fried banana
Crema	Sour cream	\$2.50	Tajadas	green fried banana
Queso	Salvadorian cheese	\$2.50	Casamiento	Mixed rice & beans
Jalapeños	toreados	\$.50	Chicharron	Fried pork skin
				\$3.75



# MARISCOS SEADFOOD

**68. CAMARONES A LA DIABLA**

Spicy shrimp with jalapeño served with rice, beans and salad. \$14.99

**68. CAMARONES A LA CREMA**  
Shrimp in cream sauce served with rice and salad. \$15.99

**69. CAMARONES CON SCALLOPS**

Shrimp with scallops, served with rice, beans & salad \$15.99

**70. CAMARONES A LA PLANCHA**

Grilled shrimp served with rice, beans and salad. \$13.99

**71. CAMARONES AL AJILLO**

Shrimp in garlic sauce served with rice, beans and salad. \$15.99

**72. CAMARONES ENTOMATADOS**

Jumbo shrimp with tomato sauce served with rice, beans and salad. \$14.99

**73. SALMON A LA CREAMA**

**CON CAMARONES**

Salmon in white sauce, & vegetables. Served with rice, & 2 tortillas. \$16.99

**74. SALMON A LA PARRILLA**

Grilled salmon served with rice, broccoli, carrot & cauliflower. \$13.99

**75. PESCADO FRITO \$13.99**

Tilapia fried fish with shrimp on top. Served with rice, Salad, and lemon. Con camarones \$14.99

**76. PESCADO RANCHERO**

Fried tilapia topped with tomato sauce with bell peppers. Served with rice beans, & salad. \$12.99

Camarones a la Diabla



Pescado Frito con Camarones



Camarones con Scallops



## BEBIDAS - DRINKS

- Horchata \$2.50
- Tamarindo \$2.50
- Marañon \$2.50
- Cafe - coffee \$2.50
- Coke, diet coke, sprite \$2.50
- Maid lemonade \$2.50
- Te frio - iced tea \$2.50

**LICUADO DE FRESA**

**STRAWBERRY SHAKE**

Small \$3.50 Large \$4.50

**LLCUADO DE BANANA**

**BANANA SHAKE**

Small \$3.50 Large \$4.50

**FRESCO DE FRUTAS \$3.50**



## POSTRES - DESSERTS



FLAN \$2.99



TRES LECHES

Cake made with 3 milk \$5.99

## CERVEZA - BEER

