

BIENVENIDOS - WELCOME TO

LOS TRIOS

FUNDADO EN 2001 - ESTABLISHED 2001

# LOS TRIOS

SALVADOREAN & MEXICAN RESTAURANT

(301) 624-1711

1306 West Patrick St, Suite 14,  
Frederick, MD 21703

WWW.LOSTRIOSRESTAURANTS.COM

SERVICIO A DOMICILIO AREA LIMITADA / LIMITED AREA DELIVERY

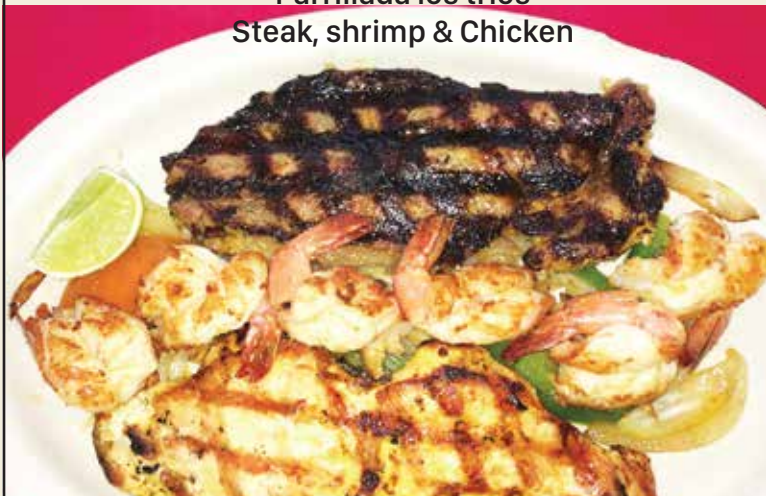
Sopa de Mariscos  
Seafood Soup



Tacos  
Steak Tacos



Parrillada los trios  
Steak, shrimp & Chicken



Sopa de Mondongo  
Beef tripe soup



Nachos de carne o pollo  
Chicken or beef Nachos



Mar y tierra  
Steak & Shrimp



# 1 PUPUSAS

Served with (repollo) marinated cabbage and tomato sauce. Corn tortilla stuffed with your choice of:

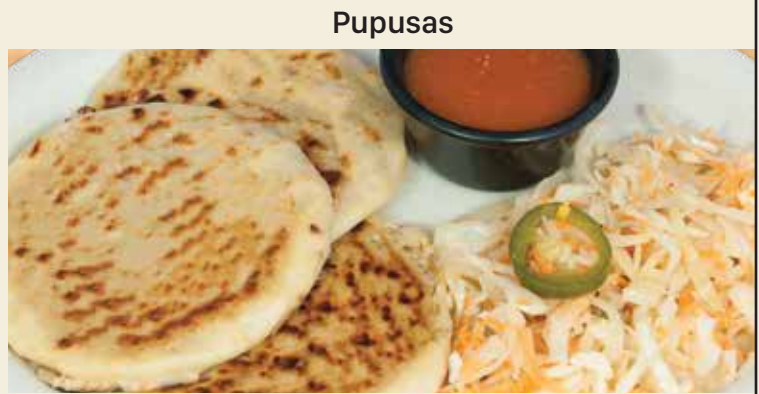
**REVUELTAS CHICHARRON Y QUESO**  
Pork and cheese

**LOROCO Y QUESO**  
Cheese & vegetables

**AYOTE Y QUESO**

**QUESO Y FRIJOL**  
Cheese & beans

Pupusas \$2.75  
De arroz \$2.99



Pupusas

Yuca con chicharron / Fried pork & yuca



Ceviche



Botana Mixta / Mixed Botana



Alitas de pollo / Chicken wigs



Ensalada Mixta / Mixed Salad



# APERITIVOS APPETIZERS

**2. GUACAMOLE DIP \$5.99**  
Served with chips.

**6. COCTEL DE CAMARONES.**  
Shrimp cocktail \$11.99

**3. YUCA CON CHICHARRÓN**  
Fried cassava with fried pork. Served with homemade Salvadorian cabbage. \$9.99

**7. PLATANOS FRITOS**  
Fried plantains, served with refried beans and sour cream. \$7.99

**4. BOTANA MIXTA**  
Shrimp, chicken and beef. \$20.99

**8. ALITAS DE POLLO**  
Chicken wings 1 Lb \$9.99 2 Lb \$14.98

**5. CEVICHE DE CAMARONES**  
Shrimp, mussels, cilantro and onions. Large \$13.99

**9. TAMALES DE POLLO**  
Chicken tamale \$2.25

**10. TAMAL DE ELOTE (con crema)** Corn tamale served with sour cream. \$2.25

# SALADS

**11. ENSALADA MIXTA**  
Mix greens, steak, chicken strips, & shrimp, lettuce, tomato, cucumber, radish and shredded carrot. \$14.99

**12. ENSALADA DE POLLO**  
House chicken salad with slices of chicken, avocado, lettuce, tomato, cucumber, onions. \$8.99

**13. ENSALADA DE LA CASA**  
House salad: avocado, lettuce, tomato, cucumber, onions. \$5.99 camarones \$12.99

# SOPAS - SOUPS

All soups are served with 1 tortillas & rice

**14. MARISCADA SALVADOREÑA**  
Salvadorian style seafood soup. \$21.99

**15. SOPA DE MARISCOS**  
Fish, shrimp, crab, mussels and scallops. \$16.99

**16. SOPA DE RES**  
Beef soup with vegetables \$14.99

**17. SOPA DE MONDONGO**  
Tripe cow soup with vegetables. \$14.99

**18. SOPA DE POLLO**  
Chicken soup with vegetables. \$12.99

**19. SOPA DE PESCADO**  
Fish soup with vegetables. \$14.99

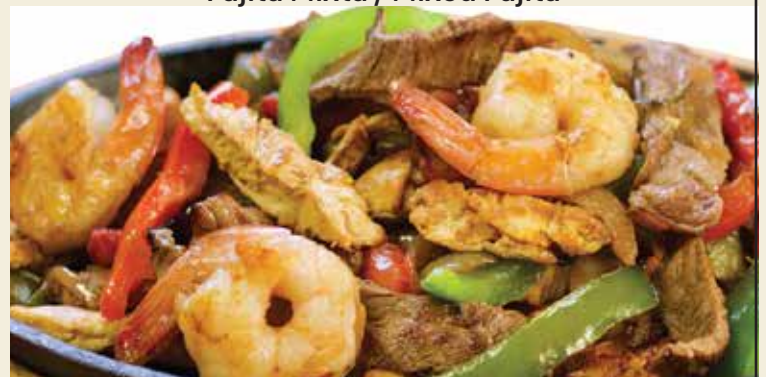
**20. SOPA DE CAMARONES**  
With vegetables. \$12.99



Sopa de Res / Beef soup



Fajita Mixta / Mixed Fajita



Tacos / Steak Tacos



# FAJITAS

All fajitas are served with rice, beans, lettuce, Pico de gallo, guacamole and sour cream.

**21. FAJITA MIXTA**  
Beef, chicken & shrimp \$18.99

**22. FAJITA DE CARNE**  
Steak fajitas \$15.99

**23. FAJITA DE POLLO**  
Chicken fajitas \$13.99

**24. FAJITA DE CAMARON**  
Shrimp \$17.99

**25. FAJITAS VEGETARIANAS**  
Vegetarian Fajitas \$13.99

# COMIDA MEXICANA - MEXICAN FOOD

# TACOS

Todos los tacos son servidos con arroz, frijoles, aguacate, cilantro, cebolla, y salsa. All tacos are served with rice, beans, avocado, cilantro, onions, and salsa on the side.

**26. TACOS DE CARNE**  
Three grilled beef tacos. \$12.99

**27. TACOS DE LENGUA**  
Three tongue tacos. \$12.99

**28. TACOS DE CARNITAS**  
Three shredded pork tacos. 11.99

**29. TACOS DORADOS**  
Three crispy beef tacos. \$11.99

**30. TACOS CAMARON** \$12.99

**31. TACOS DE POLLO**  
Three chicken tacos. \$11.99

**32. TACOS DE CHORIZO** \$11.99

**33. TACOS AL PASTOR** \$11.99

**34. TACO SALAD**  
Lettuce, topped with grilled chicken, guacamole, pico de gallo, & sour cream. \$11.99

**35. NACHOS**  
Crispy tortilla chips topped, cheese, guacamole, pico de gallo & sour cream.  
Beef \$11.99 Chicken \$10.99

**36. FREDERICK PLATTER**  
Chicken or beef enchilada, & a soft taco. \$12.99

**37. QUESADILLA**  
POLLO / CHICKEN \$9.99  
CARNE / STEAK \$10.99  
CHEESE \$7.99

**77. BURRITOS**  
**78. CHIMICHANGAS**  
**OR 79. ENCHILADAS**



Served with rice, beans & salad. Choose your meat.

STEAK \$12.99 VEGETARIAN \$10.99  
CHICKEN \$11.99

# ALMUERZOS LUNCH SPECIALS

## 38. SPECIAL #1

Plátanos, huevos, crema, Frijoles y una tortillas. Two eggs any style served with fried plantains, sour cream, beans and two tortillas \$10.99

## 39. SPECIAL #2

Eggs scrambled with chorizo, served with rice, beans and sweet plantains. \$10.99

## 40. AMANECER GUANACO

Scramble eggs, sausage, served with beans, cheese & avocado \$10.99

## 41. ENCHILADAS DE POLLO

De pollo con frijoles, ensalada y arroz. Chicken enchiladas served with beans, rice and salad. \$8.99

## 42. ENCHILADAS DE CARNE

Servido con frijoles, ensalada y arroz. Beef enchiladas served with beans, rice and salad. \$9.99

## 43. CHICKEN BURRITO

De pollo, servido con frijoles, ensalada y arroz. Chicken burrito, served with beans, rice and salad. \$8.99

## 44. BURRITO DE CARNE

Beef burrito served, with beans, rice and salad. \$10.99

## 45. FREDERICK PLATTER

Chicken or beef enchilada, & a soft taco. \$10.99

Especial #1



Special 2



Quesadilla



Pollo con Tajadas



Pollo Empanizado



Pan con Pollo



# POLLO CHICKEN

## 46. POLLO A LA CREAMA

Chicken with white sauce, served with rice, beans, salad, one tortilla. \$14.99

## 47. POLLO A LA PARRILLA

Grilled chicken served with salad, rice and beans. \$12.99

## 48. POLLO ENCEBOLLADO

Chicken sautéed with onions, peppers and tomatoes. Served with rice, beans and salad. \$12.99

## 49. POLLO CON TAJADAS

Sliced breaded chicken breast, served with strips of green banana. \$12.99

## 50. POLLO EMPANIZADO

Breaded chicken breast served with rice, beans and salad. \$12.99

## 51. POLLO

QUISADO \$12.99

# SANDWICHES

## 52. STEAK AND CHEESE SANDWICH

Served with french fries. \$9.99

## 53. PAN

CON POLLO \$6.99

## 54. TORTA MEXINA \$9.99

55. QUESADIO  
CAMARON \$12.99

## 56. SANDWICH DE POLLO

Chicken sandwich, served with french fries. \$8.99

# CARNE - MEAT

All dinners are served with rice, salad, beans & two tortllas.  
 Todas las cenas son servidas con arroz, ensalada, frijoles y una tortillas.

**57. LOS TRIOS PARRILLADA**  
 Grilled steak, chicken and shrimp. \$22.99 For 2 people \$31.99

**58. CARNE SADA**  
 New York Strip steak. \$15.99

**59. COMBINACION SALVADOREÑA**  
 Salvadorian combination Steak with two eggs, Avocado, rice, fried plantains and Salvadorian cheese. \$18.99

**60. MAR Y TIERRA**  
 8 oz. of grilled steak and shrimp, served with rice, beans and salad. \$17.99

**61. STEAK AL CABALLO**  
 Steak with two eggs on top, served with rice, beans, and salad. \$17.99

**62. STEAK RANCHERO**  
 Ranchero style steak sautéed with onions, jalapeño pepper, tomato, served with rice, beans and salad. \$17.99

**63. TIPICO LOS TRIOS**  
 Grilled beef, served with rice, sausage, cheese, jalapeño Pepper and avocado. \$19.99

**64. BISTEK CON TOSTONES**  
 Beef sautéed, served with rice, and salad. \$16.99

**65. COSTILLAS DE RES**  
 Beef ribs sautéed with onions, served with rice, beans & salad \$16.99

**66. BISTECK ENCEBOLLADO**  
 Beef sautéed with onions, peppers and tomatoes. Served with rice, beans and salad. \$16.99

**67. CARNE ENCHILADA DE CERDO**  
 Pork steak. \$12.99

**68. CARNE GUISADOA** \$15.99

**69. CHULETA DE CERDO** \$12.99

Combinacion Salvadoreña



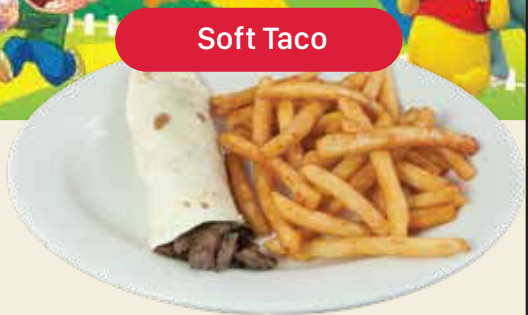
# KIDS MENU

**65. SOFT TACO**  
 Served with rice, beans or french fries. \$6.99

**66. QUESADILLA DE QUESO**  
 Served with French fries. \$6.99

**67. CHICKEN FINGERS**  
 Served with French fries. \$7.99

**67A. HAMBURGUESAS** \$5.99



# EXTRA ORDENES SIDE ORDERS

# SIDES

Arroz	Rice	\$2.50
Frijoles	Beans	\$2.50
Tortillas c/u	Each	\$0.49
Guacamole		\$3.99
Aguacate	Avocado	\$2.50
Crema	Sour cream	\$2.50
Queso	Salvadorian cheese	\$2.50
Jalapeños	toreados	\$.50

3 Tacos	
Burrito	
Yuca	
Platanos	
Tostones	
Tajadas	
Casamiento	
Chicharron	
	Fried cassava
	Fried plantain
	green fried banana
	green fried banana
	Mixed rice & beans
	Fried pork skin



# MARISCOS SEADFOOD

## 70. CAMARONES A LA DIABLA

Spicy shrimp with jalapeño served with rice, beans and salad. \$16.99

71. CAMARONES A LA CREMA  
Shrimp in cream sauce served with rice and salad. \$16.99

72. CAMARONES CON SCALLOPS  
Shrimp with scallops, served with rice, beans & salad \$16.99

73. CAMARONES A LA PLANCHA  
Grilled shrimp served with rice, beans and salad. \$16.99

74. CAMARONES AL AJILLO  
Shrimp in garlic sauce served with rice, beans and salad. \$16.99

75. CAMARONES ENTOMATADOS  
Jumbo shrimp with tomato sauce served with rice, beans and salad. \$16.99

76. SALMON A LA CREAMA CON CAMARONES  
Salmon in white sauce, & vegetables. Served with rice, & 2 tortillas. \$17.99

77. SALMON A LA PARRILLA  
Grilled salmon served with rice, broccoli, carrot & cauliflower. \$14.99

78. PESCADO CON CAMARONES  
Tilapia fried fish with shrimp on top. Served with rice, Salad, and lemon. \$16.99

79. PESCADO RANCHERO  
Fried tilapia topped with tomato sauce with bell peppers. Served with rice beans, & salad. \$16.99

Camarones a la Diabla



Pescado Frito con Camarones



Camarones con Scallops



## BEBIDAS - DRINKS

Horchata	S \$2.50	L \$3.50
TamarindoS	S \$2.50	L \$3.50
Marañon	S \$2.50	L \$3.50
Cafe - coffee	\$2.50	
Coke, diet coke, sprite	\$2.50	
Maid lemonade	\$2.50	
Te frio - iced tea	\$2.50	

**LICUADO DE FRESA STRAWBERRY SHAKE**  
Small \$3.50 Large \$4.50

**LLCUADO DE BANANA BANANA SHAKE**  
Small \$3.50 Large \$4.50  
**Fresco de frutas**  
Small \$3.50 Large \$4.50



## POSTRES - DESSERTS



FLAN \$2.99



**TRES LECHES**  
Cake made with 3 milk \$5.99

## CERVEZA - BEER

